

Colorado Youth and Young Adult Health Profile 2015

Youth and Young Adult Health Indicators	2020 Target	U.S. 2013	CO 2009	CO 2011	CO 2013	Interpretation	Short Term Trends
Positive Youth Development*							
Increase the proportion of high school (HS) students who feel the school work they are assigned is often/almost always meaningful and important	29.0%	29.2%	NA	35.9%	36.9%	Meets Target	Not Applicable
Increase the proportion of HS students who report that if they had a serious problem, they know someone in or out of school whom they could talk to or go to for help	83.2%	77.6%	NA	NA	81.0%	Close to Target	Not Applicable
Increase the proportion of HS students who participated in any extracurricular activities in school	90.6%	82.7%	NA	69.6%	68.0%	At Some Distance	Not Applicable
Increase the proportion of HS students who enjoyed being in school often or almost always	NA	NA	NA	41.0%	37.9%	Not Applicable	Not Applicable
Increase the proportion of HS students who agree or strongly agree that teachers care about and encourage them	NA	NA	NA	NA	60.0%	Not Applicable	Not Applicable
Increase the proportion of HS students who participated in organized community services as a non-paid volunteer	NA	NA	NA	NA	44.9%	Not Applicable	Not Applicable
Unintentional Injury*							
Reduce the proportion of HS students who rode in a vehicle with a driver who had been drinking alcohol	25.5%	21.9%	24.6%	21.8%	17.9%	Meets Target	Improved
Increase the proportion of HS students who wore a seat belt sometimes, most of the time, or always	92.0%	92.4%	92.4%	NA	93.8%	Meets Target	Not Applicable
Intentional Injury*							
Reduce the proportion of HS students who were in a physical fight	28.4%	24.7%	32.0%	24.9%	20.4%	Meets Target	Improved
Reduce the proportion of HS students who carried a weapon on school property	4.6%	5.2%	5.5%	5.5%	4.5%	Meets Target	Improved
Reduce the proportion of HS students who were bullied on school property	17.9%	19.6%	18.8%	19.3%	20.0%	Close to Target	Worse
Reduce the proportion of HS students whose boyfriend or girlfriend ever hit, slapped or physically hurt them on purpose	5.0%+	10.3%	9.1%	7.7%	9.6%	At Some Distance	Mixed
Reduce the proportion of HS students who did not go to school because they felt unsafe at school or on their way to or from school	3.0%+	7.1%	5.1%	4.4%	5.2%	At Some Distance	Mixed
Reduce the proportion of HS students who attempted suicide and required medical attention	1.0%+	2.7%	3.1%	2.2%	2.3%	Far from Target	Mixed
Reduce the proportion of HS students who were electronically bullied	NA	14.8%	NA	14.4%	15.1%	Not Applicable	Not Applicable
Education							
Increase the HS graduation rate	82.4%	80.0%	74.6%	73.9%	76.9%	Close to Target	Mixed
Decrease the drop-out rate (grades 7 - 12)	1.5%+	3.3%	3.6%	3.0%	2.5%	At Some Distance	Improved
Mental Health*							
Reduce the proportion of HS students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	18.0%+	29.9%	25.4%	21.9%	24.3%	At Some Distance	Mixed

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Substance Use*	2020 Target	U.S. 2013	CO 2009	CO 2011	CO 2013	Interpretation	Short Term Trend
Reduce the proportion of HS students who had five or more drinks of alcohol in a row, within a couple of hours	18.0%+	20.8%	25.1%	22.3%	16.6%	Meets Target	Improved
Reduce the proportion of HS students who currently used marijuana	18.0%+	23.4%	24.8%	22.0%	19.7%	Close to Target	Improved
Reduce the proportion of HS students who took a prescription drug without a doctor's prescription	NA	17.8%	NA	19.6%	13.6%	Not Applicable	Not Applicable
Reproductive Health*							
Reduce births among females (15 - 17 years old) ~ (per 1,000)	10.0 +	12.3	20.0	14.0	11.4	Close to Target	Improved
Increase the proportion of HS students who used an effective method of birth control before last sexual intercourse	35.0%+	25.3%	26.4%	29.1%	31.0%	Close to Target	Improved
Increase the proportion of HS students who used a condom during last sexual intercourse	76.0%+	59.1%	63.2%	70.8%	63.7%	Close to Target	Mixed
Reduce the proportion of HS students who had sexual intercourse for the first time before age 13 years	2.5%+	5.6%	4.6%	3.6%	3.4%	At Some Distance	Improved
Reduce the proportion of youth ages 9-25 diagnosed with Chlamydia (per 100,000)	NA	NA	1,288	1,367	1,207	Not Applicable	Mixed
Reduce the proportion of youth ages 9-25 diagnosed with Gonorrhea (per 100,000)	NA	NA	161	130	132	Not Applicable	Mixed
Reduce the proportion of youth ages 9-25 diagnosed with HIV (per 100,000)	NA	NA	6.6	5.8	5.7	Not Applicable	Improved
Chronic Disease Prevention*							
Increase the proportion of HS students who viewed television 2 or fewer hours on a school day	73.9%	67.5%	74.9%	78.8%	79.1%	Meets Target	Improved
Reduce the proportion of HS students who used tobacco	21.0%	22.4%	26.5%	NA	17.1%	Meets Target	Not Applicable
Increase the proportion of HS students who were physically active at least 60 minutes daily seven days per week	31.6%	27.1%	26.9%	29.2%	26.4%	Close to Target	Mixed
Reduce the proportion of obese HS students	5.0%+	13.7%	6.9%	7.3%	8.0%	At Some Distance	Worse
Reduce the proportion of overweight HS students	8.0%+	16.6%	10.9%	10.7%	11.3%	At Some Distance	Mixed
Increase the proportion of HS student smokers who attempted cessation	64.0	48.0%	53.2%	NA	50.8%	At Some Distance	Not Applicable
Decrease the proportion of HS students who drank soda or pop one or more times per day	NA	27.0%	24.6%	23.0%	18.0%	Not Applicable	Improved
Mortality~ (per 100,000)							
Reduce deaths of youth 15 - 19 years old	54.3	47.2	53.2	45.2	48.4	Meets Target	Mixed
Reduce deaths of youth 20 - 24 years old	88.3	84.6	89.1	92.4	83.7	Meets Target	Mixed
Reduce the suicide death rate (10 - 14 years old)§	10.2	1.5	3.3	2.9	3.4	Meets Target	Mixed
Reduce deaths by motor vehicle crashes (15 - 19 years old)§	12.4	12.7	13.4	10.3	11.7	Meets Target	Mixed
Reduce the homicide death rate (15 - 19 years old)§	5.5	7.6	4.1	4.0	2.6	Meets Target	Improved
Reduce deaths of youth 10 - 14 years old	14.8	13.9	17.3	12.3	16.1	Close to Target	Mixed
Reduce the suicide death rate (15 - 19 years old)§	10.2	8.4	14.3	12.3	13.7	At Some Distance	Mixed
Reduce the suicide death rate (20 - 24 years old)§	10.2	13.7	22.7	19.8	23.2	Far From Target	Mixed

Data Sources: *United States and Colorado Youth Risk Behavior Survey and Healthy Kids Colorado Survey (The CO 2013 data are from the Healthy Kids Colorado Survey. Methodology was changed from previous years so results are not directly comparable to the Colorado Youth Risk Behavior Survey results.); ~ United States and Colorado birth and death certificates; ^United States Department of Education and Colorado Department of Education; U.S.: United States; CO: Colorado; NA denotes data not available; † Colorado 2020 Target. §Healthy People 2020 Target includes all age groups. Please refer to the *Colorado Youth and Young Adult Health Profile 2015 Narrative* to learn more about the interpretation column, short term trend column and the data sources.